



Improvement in
postoperative PAIN OUTcome

Newsletter Autumn 2016

Dear PAIN OUT partners,

Once again we would like to update you on the latest activities within the PAIN OUT project. Your input for future newsletters as well as your feedback on this one is much appreciated.

World Congress on Pain in Yokohama

IASP's WCP in Yokohama in Sep. 2016 was very successful from PAIN OUT's perspective. Several talks directly dealt with PAIN OUT or mentioned the project. Even in the open ceremony, PAIN OUT was presented by IASP president **Prof. Treede** as one of the exemplary projects IASP is involved in. During the satellite symposium of the Acute Pain SIG, **Ruth Zaslansky** gave an overview. Dissemination to countries with limited resources is a specific characteristic of PAIN OUT. In one of the Topical Workshops, results of the joint project between the IPR working group, the Developing Country SIG and PAIN OUT were presented. **Ern Ming Lim** from Hospital Kuala Lumpur, Malaysia,

Sean Chetty from Rahima Moosa Mother and Child Hospital, University Witwatersrand in South Africa, and **Dusica Stamenkovic** from Military Academy Belgrade, Serbia, shared their experiences in implementing PAIN OUT in their hospitals. Specific interest was expressed by hospitals from China and India.

Winfried Meissner presented findings from PAIN OUT in the workshop "How to change the world? Three approaches to making pain management part of hospital culture and systems."

Another workshop addressed the methodological part of the project. **Marcus Komann** discussed challenges of analyzing large amounts of data.

Project development

PAIN OUT is currently running an initiative in Mexico, assisting healthcare providers optimize management of postoperative pain by continuous quality improvement and peer review. Ten hospitals in Mexico-City are taking part in this initiative. Similar national networks are planned for 2017.

Save the Dates!

PAIN OUT will be featured on several congresses next year. Save the dates and join our presentations, meetings and workshops!



[03 to 05 June 2017 \(PAIN OUT General Assembly!\)](#)



[06 to 09 September 2017](#)

In case you want to present PAIN OUT data on these congresses, please do not hesitate to contact us if you need help. **Abstract submission deadline for ESA is 15 Dec. 2016, for EFIC it's 28 Feb. 2017.**



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New Publications

Several papers based on data from PAIN OUT and QUIPS have been published recently:

Roeb, Mauritz M., Wolf, Alexander MD*, Gräber, Stefan S. PhD, Meissner, Winfried PhD, Volk, Thomas, MD: **Epidural versus systemic analgesia: an international registry analysis on postoperative pain and related perceptions after abdominal surgery**
The Clinical Journal of Pain, DOI:10.1097/AJP.0000000000000393

Guntinas-Lichius O, Geißler K, Komann M, Schlattmann P, Meissner W. **Inter-hospital variability and postoperative pain after tonsillectomy: prospective registry-based multicentre cohort study.** PLOS ONE DOI:10.1371/journal.pone.0154155 April 27, 2016

Avian A, Messerer B, Weinberg A, Meissner W, Schneider C, Berghold A. **The Impact of Item Order and Sex on Self-Report of Pain Intensity in Children.** Health Psychology 2016; 35: 483-91

Suffeda A, Meissner W, Rosendahl J, Guntinas-Lichius O. **Influence of Depression, Catastrophizing, Anxiety and Resilience on Postoperative Pain at the First Day after Otolaryngological Surgery: A Prospective Single Center Cohort Observational Study.** Medicine 2016 Jul;95(28):e4256

Raschke GF, Meissner W, Peisker A, Djedovic G, Rieger U, Guentsch A, Porwit D, Dammeier MG, Schultze-Mosgau S. **Cranio-maxillofacial reconstruction with microvascular radialis flaps – Parameters and correlations of postoperative pain management.** Clinical Oral Investigations 2016
Epub ahead of print

Kind regards from Jena

Your PAIN OUT coordination team