



Dear PAIN OUT partners and friends,

This newsletter is all about the **update of the PAIN OUT Process questionnaire!** The revised version is enclosed with this email and can also be found here: www.pain-out.eu under 'Downloads'. The revisions include the following:

- (1) **Turkish** added to D7 Languages of the outcomes questionnaire
- (2) To H1- **comorbidities:** Osteoarthritis and Rheumatoid Arthritis added as ,Musculoskeletal'
- (3) **Flurbiprofen** has been added to the non-opioid tables pre-medication, intra-operatively, recovery room & ward. (Applies mainly to users in China)
- (4) **Dezocine** has been added to the Opioid tables pre-medication, intra-operatively, recovery room & ward. (Applies mainly to users in China)
- (5) **IM** (intramuscular) administration has been added to **Sedatives** as pre-medication in M1 (Applies mainly to users in China)
- (6) **Transverse Abdominis Plane (TAP)** block has been added as a regional anesthesia technique in M5, M10, M13
- (7) **M15 - the question about pain assessment** on the ward was exchanged for a new one evaluating whether:
 - M15 a Pain was assessed and the number of times this was recorded in the patient's chart. M15 b Pain was re-evaluated within 60 minutes after an analgesic was administered and if yes, how many times was this recorded in the patient's chart.

The screenshot shows a digital questionnaire form for item M15, titled 'Measurement of pain'. It contains two questions, a) and b). Question a) asks 'Since the patient returned from surgery, how many times was pain assessed and this was recorded?' and question b) asks 'After treatment with an analgesic, was the pain re-assessed within 60 minutes?'. Both questions have radio button options for 0, 1, 2, 3, 4, 5, 6, 7, 8, 9, >9, and 'not possible to obtain the information', along with a 'clear selection' link.

(* It is possible that M15b is not phrased in a manner which is sufficiently clear. Please send us your comments. We will aim to improve this sub-item over the coming months

Additionally:

- (1) For those centers participating in a pre- post project (EFIC, China), use a drop down menu to enter the **PROJECT phase**.
- (2) For **male patients, NOT RELEVANT** will be entered automatically in the question relating to pregnancy and lactation in H2.

When entering the data for a male patient, you can skip this question.

For EFIC project collaborators:

- Once you start collection for the second phase of the project, select '2' in project phase
- If possible, collect ~ 15 -20 datasets per month - this will allow to create a time series and review the rate of change over time.
- PAIN OUT will feedback information about the proportion that the 4 bundle elements are implemented once 1-2 months.

In case of any questions, please do not hesitate to contact us. Thank you!

Your PAIN OUT coordination team