



Improvement in postoperative PAIN OUTcome

Dear PAIN OUT partners and friends,

This is what happened within the PAIN OUT project during the last few months:

PAIN OUT in China:

In May, the PAIN OUT coordinator, Winfried Meissner, was invited to the Chinese Anesthesiologists Congress and to several hospitals in China to present the PAIN OUT project and talk about postoperative pain management. Until recently, postop pain therapy was not a focus of attention, but now interest is growing continuously. This is mainly due to the introduction of ERAS programs (Enhanced Recovery after Surgery) where adequate pain therapy is crucial for success. PCA-pumps are applied frequently whereas continuous regional anesthesia is not yet implemented in all hospitals. Acute pain services exist only partly. There is strong interest in assessing the quality of care in ones own hospital. However, it is not yet clear if Chinese patients understand “patient reported outcomes” in the same way “Western” patients do. It was particularly interesting to learn that Traditional Chinese Medicine (TCM) does no longer play a major role in younger and more educated patients whereas older patients keep on asking for these methods. It will be exciting to evaluate the effects of TCM in clinical routine by means of PAIN OUT data.

Endometriosis:

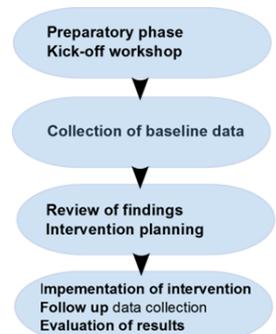
Within the framework of a planned research project, we are preparing a multicenter survey in patients with endometriosis surgery. In order to assess if a sufficient number of patients could be included, we'd like to know **the number of endometriosis surgery are doing in your hospital**, and if your hospital is an endometriosis center. Your feedback is of course noncommittal. Many thanks for sending us this information!

EFIC – PAIN OUT project in 8 European countries



Thanks to a grant provided by Grunenthal's ChangePain initiative and supported by the European Pain Federation EFIC, national networks of around 10 hospitals per country are being set up in

Austria, Belgium, France, Italy, the Netherlands, Serbia, Spain and Switzerland. They undergo a program aiming at improving perioperative pain management using the PAIN OUT methodology. Once the pilot is complete, EFIC and PAIN OUT aim to release a Quality Improvement program which will be accessible to providers across Europe.



New Publications:

Epidural against Systemic Analgesia: An International Registry Analysis on Postoperative Pain and Related Perceptions after Abdominal Surgery. Roeb MM, Wolf A, Gräber SS, Meissner W, Volk T. Clin J Pain. 2017 Mar;33(3):189-197

No Clinical Difference Comparing General, Regional, and Combination Anesthesia in Hip Arthroplasty: A Multicenter Cohort-Study Regarding Perioperative Pain Management and Patient Satisfaction. Felix Greimel, Guenther Maderbacher, Florian Zeman, Joachim Grifka, Winfried Meissner, Achim Benditz
The Journal of Arthroplasty, DOI: <http://dx.doi.org/10.1016/j.arth.2017.05.038>

Upcoming conferences:



EFIC Pain in Europe Congress in Copenhagen, Denmark, on 6 – 9 September 2017 <http://www.efic2017.kenes.com>

Your PAIN OUT coordination team

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