



**Improvement in
postoperative PAIN OUTcome**

Dear PAIN OUT partners and friends,

We hope you enjoy reading this newsletter about the latest developments in our project!



EFIC – PAIN OUT Project Update

The EFIC – PAIN OUT project 'An initiative assisting healthcare providers optimize management of postoperative pain in Europe' has successfully started. National networks in Spain, Serbia, the Netherlands and France have finished preparations and started collecting data. The Kick-off Meeting in Italy will be in April; in Belgium, Switzerland and Ireland, preparations are ongoing. We'd like to thank all collaborators for their impressive work and commitment!

Update Process Questionnaire

The PAIN OUT Process Questionnaire was slightly modified. We included Dexketoprofen and Dexamethasone in the non-opioids lists and diabetes in the comorbidities list. The updated version can be downloaded from www.pain-out.eu (downloads).

PAIN OUT Mexico

The post-intervention data collection phase is nearly finished and thus the 2-year-project in 10 Mexico-City hospitals comes to an end. Findings from this very successful project will be communicated once all data is analyzed.

PAIN OUT China

Based on the experiences in Mexico, another PAIN OUT national network will be established in China. Preparations are ongoing, envisaged start of the project launch is June 2018. The Chinese national network will be led by Prof. Mi, Chair of the Chinese Association of Anesthesiologists, and Prof. Feng from Peking University People's Hospital.

Upcoming events

[ESA Euroanaesthesia 2018 in Copenhagen on 02 – 04 June.](#)

[IASP World Congress on Pain in Boston on 12 – 16 September.](#)

Please visit www.pain-out.eu to see PAIN OUT related meetings/posters/workshops on these conferences.

Recent Publications

Cui Cui, Ling-Xiao Wang, Qi Li MD, Ruth Zaslansky, Li Li - Implementing a pain management nursing protocol for orthopaedic surgical patients: Results from a PAIN OUT project, Journal of Clinical Nursing, DOI: 10.1111/jocn.14224

Zaslansky R, Meissner W, Chapman CR, Pain after orthopaedic surgery: differences in patient reported outcomes in the United States vs internationally. An observational study from the PAIN OUT dataset, British Journal of Anaesthesia, 1-8 (2018) doi: 10.1016/j.bja.2017.11.109

Felix Greimel, Guenther Maderbacher, Clemens Baier, Armin Keshmiri, Timo Schwarz, Florian Zeman, Winfried Meissner, Joachim Grifka & Achim Benditz - Multicenter cohort-study of 15,326 cases analyzing patient satisfaction and perioperative pain management: general, regional and combination anesthesia in knee arthroplasty; Scientific Reports, (2018) 8:3723 | DOI:10.1038/s41598-018-22146-7

Your PAIN OUT coordination team